

ALLERGEN LIST FOR SCHOOL DINNERS - FROGWELL PRIMARY SCHOOL 2024-25

**Menu Item**

All pasta meals	Gluten	Egg			
Battered Fish	Gluten	Fish			
BBQ Chicken Wrap/Tacos	Gluten	Soya			
BBQ sauce	Gluten	Soya			
Beef Chilli Wrap/Tacos	Gluten				
Beef Lasagne	Gluten	Milk			
Bolognese					
Burger	Gluten				
Cauliflower Cheese (& Bacon)	Milk				
Cheese & Onion Pie	Milk	Gluten			
Cheese & Onion Crispbakes	Gluten	Milk			
Chicken Fajitas	Gluten				
Chicken Lasagne	Gluten	Milk			
Chicken Nuggets	Gluten				
Chicken Pie	Gluten	Milk			
Chicken Tikka/Curry	Milk	Soya			
Cottage Pie	Milk				
Fish cake	Gluten	Fish			
Fish Fingers	Gluten	Mustard	Fish		
Fish in Breadcrumbs	Gluten	Fish			
Garlic Bread	Gluten	Milk			
Gravy	Gluten	Mustard	Soya	Milk	Celery
Hunter's Chicken	Gluten	Milk			
Macaroni Cheese & Ham	Gluten	Milk			
Macaroni Cheese	Gluten	Milk			
Mashed Potato	Milk				
Meatballs	Gluten				
Minced Beef & Onion Pie	Gluten	Milk			
Onion Rings	Gluten				
Packed Lunch	Gluten	Milk			
Pastry items	Gluten				
Pizza	Gluten	Milk			
Quorn Sausage	Gluten				
Quorn Pie	Gluten				
Quorn Wrap	Gluten	Soya			
Salmon Fishcake	Gluten	Fish	Milk		
Sausages	Gluten				
Sausages rolls	Gluten	Milk			
Spinach & Ricotta Canneloni	Gluten	Milk	Egg		
Stir fry	Gluten	Soya			
Sweet & Sour Chicken/Veg	Gluten				
Veggie Burger	Gluten				
Veggie Chilli Wrap/Tacos	Gluten				
Veggie Cottage Pie	Milk				
Veggie Lasagne	Gluten	Milk			
Veggie Meatballs	Soya				
Veggie Nuggets	Gluten				
Veggie Sausage Rolls	Gluten	Soya			
Veggie Tikka/Curry	Milk	Soya			
Yorkshire Pudding	Gluten	Milk	Egg		

**Jacket Potato toppings:**

Cheese	Milk				
Tuna	Fish				
Sausage	Gluten				
Curry	Milk	Soya			
Tuna Mayo	Fish	Eggs	Mustard		

**Pasta Toppings:**

Cheese	Milk				
Carbonara	Milk				

**Packed lunch:**

Sandwich/roll/wrap	Gluten				
Joghurt	Milk				
Fillings:					
Tuna Mayo	Fish	Eggs	Mustard		
Egg Mayo	Eggs	Mustard			
Cheese	Milk				