

#### Frogwell Primary School & Complex Needs Resource Base

www.frogwell.co.uk 01249 652815 Frogwell Primary School, Derriads Lane Chippenham, Wiltshire, SN14 0DG Headteacher - Rachel Neville

## Frogwell Primary School Newsletter

27th January 2023

#### Industrial action by National Education Union

You have already been sent a letter about the closure of the school on Wednesday 1st February due to the planned strike action by the NEU. I will keep you informed about the three other planned strike days and what these will mean for the school as and when we have that information. Thank you for your support and understanding with our arrangements.

#### **Attendance**

Whole school attendance this week was 92.2%. The highest attending classes this week were:

- Fox 96.4%
- Rowling 94.7%
- Dahl 93.8%

The top class gets extra playtime!

#### Playtime snacks and packed lunches

#### Morning snacks

We need to remind parents and carers that the only play time snacks children should be bringing to school are:

- Fruit or veg (fresh or dried)
- Basic cereal bars (not chocolate or nut ones)
- Savoury crackers / oatcakes

Please do <u>not</u> send in cookies/sweet biscuits or any other form of sweets, chocolates or candies for playtime.



#### Lunches

School meals are a great choice for your child at lunchtime, but if you choose to make a packed lunch for them instead here are some tips from NHS England for preparing a healthier lunchbox.



A healthier lunchbox should:

- be based on starchy carbohydrates (bread, potatoes, rice, pasta, couscous)
- include fresh fruit and vegetables/salad
- include a source of protein such as beans and pulses, eggs, fish, meat, cheese (or dairy alternative)
- include a side dish such as a low-fat and lower-sugar yoghurt (or dairy alternative), tea cake, fruit bread, plain rice/corn cakes, homemade plain popcorn, sugar-free jelly
- include a drink such as water, skimmed or semi-skimmed milk, sugar-free or no-added-sugar drinks

The Eatwell Guide shows you how to have a healthy balanced diet and can help you decide what to put in your child's lunchbox. Find healthy lunchbox ideas at <a href="https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/">https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/</a>

#### Children's safety in cars

I was horrified to hear reports that some of our children have been seen travelling to and from school in the car without seat belts on, and in some cases even leaning out the window. Below you will find a reminder of the UK law on the wearing of seat belts, which are mandatory for adults and children, and the rules on car seats/booster cushions.

#### The law

You must make sure that any children in the vehicle you're driving are:

- in the correct car seat for their height or weight until they reach 135 centimetres tall or their 12th birthday, whichever is first
- wearing a seat belt if they're 12 or 13 years old, or younger and over 135cm tall

You can be fined up to £500 if a child under 14 isn't in the correct car seat or wearing a seat belt while you're driving.

Person in car	Front seat	Rear seat
Driver	A seatbelt must be worn, if fitted	A seatbelt must be worn, if fitted
Child under 3 years	The correct child	The correct child seat must be used. If
	seat must be used	travelling by taxi and one is not available, a child may travel unrestrained
Child 3 to 11 years and under 135cm	The correct child restraint must be	The correct child restraint must be used where seatbelts are fitted. A child must
(approx. 4ft 5in)	used	<ul> <li>use an adult belt in the rear if:</li> <li>in a taxi the correct child restraint is not available</li> </ul>
		<ul> <li>on a short and occasional trip, the child restraint is not available</li> <li>two occupied child restraints prevet use</li> </ul>
		of a third
Child 12 or 13 (or younger child over 135cm)	A seatbelt must be worn, if fitted	A seatbelt must be worn, if fitted
Adult passenger	A seatbelt must be worn, if fitted	A seatbelt must be worn, if fitted

#### Class news

**Morpurgo Class** enjoyed a great visit to Sheldon School this week, where they took part a range of different lessons including Drama, DT, Science, PE and German.





















Dahl Class and Lewis Class have been working together to enjoy reading books, with the older children helping the younger ones.





#### RSPB Big Garden Bird Watch

This weekend it is the RSPB Big Garden Bird Watch. There's still time to sign-up and take part. Taking part is as easy as 1, 2, 3. Watch the birds around you for one hour between Friday  $27^{\rm th}$  and Sunday  $29^{\rm th}$  January.

Count how many of each species of bird lands on your patch and help monitor how birds are faring. It's free, fun and a great way to keep an eye on your local wildlife. Find out more at <a href="https://www.rspb.org.uk/get-involved/activities/birdwatch/">https://www.rspb.org.uk/get-involved/activities/birdwatch/</a>.

### Diary dates for 2022-23

Wed 1 <sup>st</sup> Feb	School closed due to NEU industrial action		
Tues 7 <sup>th</sup> Feb 2023	Evening – Town Dance Festival at Neeld Hall (Fox Class plus		
	specific Y6 comperes)		
Thurs 9th Feb 2023	Last day of Term 3 for children		
Fri 10 <sup>th</sup> Feb 2023	TD day – no school for children		
13 <sup>th</sup> – 17 <sup>th</sup> Feb 2023	Half term		
Mon 20 <sup>th</sup> Feb 2023	Start of Term 4		
Thurs 2 <sup>nd</sup> March	World Book Day		
Thurs 30 <sup>th</sup> March	Morpurgo Class to Hardenhuish (all day)		
Fri 31st March 2023	Last day of Term 4		
3 <sup>rd</sup> April – 14 <sup>th</sup> April 2023	Easter holidays		
Mon 17th April 2023	TD day – no school for children		
Tues 18th April 2023	Start of Term 5		
Mon 8 <sup>th</sup> May 2023	Extra Bank Holiday for the Coronation of His Majesty King		
	Charles III		
Tues 9 <sup>th</sup> – Fri 12 <sup>th</sup> May 2023	Year 6 SATs week		
Fri 26 <sup>th</sup> May 2023	Last day of Term 5		
29 <sup>th</sup> May – 2 <sup>nd</sup> June 2023	Half term		
Mon 5th June 2023	Start of Term 6		
Fri 23 <sup>rd</sup> June 2023	TD day – no school for children		
Tues 25th July 2023	Last day of Term 6		



# FEBRUARY HALF TERM - MULTI SPORTS COURSE HARDENHUISH SCHOOL

Monday 13th - Thursday 16th February 2023



@ Hardenhuish School, Chippenham SN14 6RJ | 9am - 4pm Open to boys and girls of all abilities aged 5 - 13

Learn new sports, improve your skills and have fun with your friends!

#### Fantastic variety of sports / activities | Sports include:

Football, Mini Olympics, Tennis, Handball, Hockey, Cricket, Ultimate Frisbee, Climbing, Dodgeball, Trampolining, Laser tag, Lacrosse, Archery, Basketball, Rugby, New Age Kurling, Team Building Challenges

There will be daily competitions, prizes and Team Challenges involving multiple activities including an Inflatable Obstacle Course!

Our activity days are structured around teamwork and working together and are delivered in a fun and engaging atmosphere

\$30 FOR THE DAY OR DISCOUNTED RATE OF \$110 FOR ALL 4 DAYS 10 % SIBLING DISCOUNT IS ALSO AVAILABLE



FOR FURTHER INFORMATION, OR TO BOOK:

Website - www.upandundersports.co.uk | Email - enquiries@upandundersports.co.uk | Call us - 07896814270

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We accept all items of school uniform including logo items, PE kit, shoes and coats.

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